

The Fall of Adam

PURPOSE

To demonstrate that the Fall of Adam:

1. Was good and part of Heavenly Father's plan
2. Made it possible for Adam and Eve and their posterity to:
 - a. Have an understanding of good and evil
 - b. Have children
 - c. Have joy
 - d. Gain eternal life through obedience



MATERIALS

- A packet of seeds or an individual seed

LESSON IDEAS

1. Hold up a seed and ask, "Is this seed alive or dead?"
 - a. If someone says, "Alive" ask, "Why isn't it growing?"
2. Explain that seeds are definitely alive, but are dormant (inactive, sleeping) until the conditions are right for them to begin to grow. Ask what the conditions are for seeds to be able to grow. (Soil, sun, water)
3. Point out that Adam and Eve prior to the Fall were like the seed: they were in a 'dormant state' where they could not 'grow' and become like our Heavenly Father.
4. Invite your listeners to read 2 Nephi 2:22-23 to see how the progress of Adam and Eve was dormant. Help them to discover that without the Fall they would have:
 - a. Remained in the garden forever
 - b. Had no children
 - c. Had no joy nor misery
 - d. Neither sinned nor done any good
5. Invite your listeners to read Moses 5:10-11 and watch for things Adam and Eve (and all of their posterity!) could gain as a result of the Fall:
 - a. An understanding of good and evil
 - b. Children
 - c. Joy
 - d. Eternal life through obedience
6. Testify that the Fall of Adam and Eve was good and a part of our Heavenly Father's plan.